



Pathways Parent Support Service

Building strong, resilient families through
information, support and signposting
across Co. Donegal.

Who we are:

Pathways parent support is a free and confidential service. We aim to support parents to improve the lives of their families and communities through brief interventions. The service is aimed at parents of children 0 – 24 years.

What we do:

- Provide information and support to parents/carers and children on a one to one basis
- Deliver parent/carers support sessions with a dedicated focus on co – parenting when separated.
- Coordinate and deliver parenting events
- Share information and guidance through social media and other platforms
- Call back service available Tuesday to Thursday from 10:00am - 12:00pm by contacting 074 - 9131245

Find us at:

@parenthubdonegal



Staff contact details:

Leona Bradley

Parent Support Team Leader
Leona.bradley@finnvalleyfrc.ie

Gertrude Houton

Parent Support Worker
Gertrude.houton@finnvalleyfrc.ie

Josephine Meehan

Parent Support Worker
Josephine.meehan@finnvalleyfrc.ie

T. 074 9131245



Féidhmeannacht na Seirbhíse Sláine
Health Service Executive



An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency